

# Move Finder

	Use the move if you have					Use the move to attack with a				The move is best from				
	better jumpers	one jumper	two jumpers	three jumpers	more mobile players	catch & drive	front peel	back peel	backs move	5m from their line	their 22	between the 22s	your 22	5m from your line
<b>Attacking Lineouts</b>														
1. Front Ball		✓				✓	✓			✓		✓	✓	✓
2. Front Lob Ball		✓				✓	✓			✓		✓	✓	✓
3. Middle Ball	✓		✓			✓			✓	✓		✓	✓	✓
4. Middle-Back Ball			✓					✓	✓		✓	✓	✓	✓
5. Back Ball				✓		✓		✓	✓	✓	✓	✓	✓	✓
6. Split Once Front Ball		✓				✓	✓			✓	✓	✓	✓	✓
7. Split Once Front Lob Ball		✓				✓	✓			✓	✓	✓	✓	✓
8. Split Once Middle Ball 1			✓		✓	✓			✓	✓	✓	✓	✓	✓
9. Split Once Middle Ball 2			✓		✓	✓			✓	✓	✓	✓	✓	✓
10. Split Once Back Ball		✓			✓	✓	✓			✓	✓	✓	✓	✓
11. Split Twice Front Ball 1		✓			✓	✓	✓			✓	✓	✓	✓	✓
12. Split Twice Front Ball 2		✓			✓	✓	✓			✓	✓	✓	✓	✓
13. Split Twice Middle Ball 1			✓		✓	✓			✓	✓	✓	✓	✓	✓
14. Split Twice Middle Ball 2			✓		✓	✓			✓	✓	✓	✓	✓	✓
15. Split Twice Middle Ball 3			✓		✓	✓			✓	✓	✓	✓	✓	✓
16. Split Twice Middle Ball 4			✓		✓	✓			✓	✓	✓	✓	✓	✓
17. Split Twice Back Ball 1			✓		✓	✓			✓	✓	✓	✓	✓	✓
18. Split Twice Back Ball 2				✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
19. Split Twice Back Ball 3				✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
20. 6-Man Front Ball		✓				✓	✓			✓	✓	✓	✓	✓
21. 6-Man Middle Ball 1			✓			✓		✓	✓	✓	✓	✓	✓	✓
22. 6-Man Middle Ball 2			✓			✓		✓	✓	✓	✓	✓	✓	✓
23. 6-Man Front or Middle Ball			✓		✓	✓		✓	✓	✓	✓	✓	✓	✓
24. 6-Man Back Ball				✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
25. 5-Man Front Ball 1		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
26. 5-Man Front Ball 2			✓		✓	✓		✓	✓	✓	✓	✓	✓	✓
27. 5-Man Front Ball 3			✓		✓	✓		✓	✓	✓	✓	✓	✓	✓
28. 5-Man Middle Ball			✓		✓	✓		✓	✓	✓	✓	✓	✓	✓
29. 5-Man Back Ball 1				✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
30. 5-Man Back Ball 2			✓		✓	✓		✓	✓	✓	✓	✓	✓	✓
31. 4-Man Front Ball		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
32. 4-Man Middle Ball		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
33. 4-Man Back Ball 1		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
34. 4-Man Back Ball 2			✓		✓	✓		✓	✓	✓	✓	✓	✓	✓
35. 5 + Jumper Front Ball		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
36. 5 + Jumper Middle Ball 1		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
37. 5 + Jumper Middle Ball 2		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
38. 5 + Jumper Back Ball		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
39. 5 + Lifter Front Ball		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
40. 5 + Lifter Middle Ball 1		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
41. 5 + Lifter Middle Ball 2		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
42. 5 + Lifter Back Ball 1		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
43. 5 + Lifter Back Ball 2		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
44. 5 + Lifter Back Ball 3		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
						Use the move to the defend			The move is best from					
<b>Defensive Lineouts</b>						front peel	back peel	backs move	5m from their line	their 22	between the 22s	your 22	5m from your line	
45. Full Line Defence 1						✓	✓		✓	✓	✓	✓	✓	
46. Full Line Defence 2						✓	✓	✓	✓	✓	✓	✓	✓	
47. Full Line Defence 3						✓	✓	✓	✓	✓	✓	✓	✓	
48. 6-Man Defence						✓	✓	✓	✓	✓	✓	✓	✓	