

Move Finder

	Use the move if you have					Use the move to attack with a				The move is best from				
	better jumpers	one jumper	two jumpers	three jumpers	more mobile players	catch & drive	front peel	back peel	backs move	5m from their line	their 22	between the 22s	your 22	5m from your line
Attacking Lineouts														
1. Front Ball		✓				✓	✓			✓		✓	✓	✓
2. Front Lob Ball		✓				✓	✓			✓				✓
3. Middle Ball	✓		✓			✓			✓	✓	✓	✓	✓	✓
4. Middle-Back Ball			✓			✓		✓	✓	✓	✓	✓	✓	✓
5. Back Ball				✓		✓		✓	✓	✓	✓	✓		
6. Split Once Front Ball		✓				✓	✓			✓	✓	✓	✓	✓
7. Split Once Front Lob Ball		✓				✓	✓			✓	✓	✓	✓	✓
8. Split Once Middle Ball 1			✓		✓	✓			✓	✓	✓	✓	✓	✓
9. Split Once Middle Ball 2			✓		✓	✓			✓	✓	✓	✓	✓	✓
10. Split Once Back Ball		✓			✓	✓	✓			✓	✓	✓	✓	✓
11. Split Twice Front Ball 1		✓			✓	✓	✓			✓	✓	✓	✓	✓
12. Split Twice Front Ball 2		✓			✓	✓	✓			✓	✓	✓	✓	✓
13. Split Twice Middle Ball 1			✓		✓	✓			✓	✓	✓	✓	✓	
14. Split Twice Middle Ball 2			✓		✓	✓			✓	✓	✓	✓	✓	
15. Split Twice Middle Ball 3			✓		✓	✓			✓	✓	✓	✓	✓	
16. Split Twice Middle Ball 4			✓		✓	✓			✓	✓	✓	✓	✓	
17. Split Twice Back Ball 1			✓		✓	✓			✓	✓	✓	✓	✓	
18. Split Twice Back Ball 2				✓	✓	✓		✓	✓	✓	✓	✓	✓	
19. Split Twice Back Ball 3				✓	✓	✓		✓	✓	✓	✓	✓	✓	
20. 6-Man Front Ball		✓				✓	✓			✓	✓	✓	✓	✓
21. 6-Man Middle Ball 1			✓			✓		✓	✓	✓	✓	✓	✓	✓
22. 6-Man Middle Ball 2			✓			✓		✓	✓	✓	✓	✓	✓	✓
23. 6-Man Front or Middle Ball			✓		✓	✓			✓	✓	✓	✓	✓	
24. 6-Man Back Ball				✓	✓	✓		✓	✓	✓	✓	✓	✓	
25. 5-Man Front Ball 1		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
26. 5-Man Front Ball 2			✓		✓	✓			✓	✓	✓	✓	✓	✓
27. 5-Man Front Ball 3			✓		✓	✓			✓	✓	✓	✓	✓	✓
28. 5-Man Middle Ball			✓		✓	✓			✓	✓	✓	✓	✓	✓
29. 5-Man Back Ball 1				✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
30. 5-Man Back Ball 2			✓		✓	✓			✓	✓	✓	✓	✓	✓
31. 4-Man Front Ball		✓							✓	✓	✓	✓	✓	✓
32. 4-Man Middle Ball		✓			✓	✓			✓	✓	✓	✓	✓	✓
33. 4-Man Back Ball 1		✓			✓	✓			✓	✓	✓	✓	✓	✓
34. 4-Man Back Ball 2			✓		✓	✓			✓	✓	✓	✓	✓	✓
35. 5 + Jumper Front Ball		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
36. 5 + Jumper Middle Ball 1		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
37. 5 + Jumper Middle Ball 2		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
38. 5 + Jumper Back Ball		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
39. 5 + Lifter Front Ball		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
40. 5 + Lifter Middle Ball 1		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
41. 5 + Lifter Middle Ball 2		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
42. 5 + Lifter Back Ball 1		✓			✓	✓		✓	✓	✓	✓	✓	✓	✓
43. 5 + Lifter Back Ball 2		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
44. 5 + Lifter Back Ball 3		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
						Use the move to the defend			The move is best from					
Defensive Lineouts						front peel	back peel	backs move	5m from their line	their 22	between the 22s	your 22	5m from your line	
45. Full Line Defence 1						✓	✓	✓	✓	✓	✓	✓	✓	
46. Full Line Defence 2						✓	✓	✓	✓	✓	✓	✓	✓	
47. Full Line Defence 3						✓	✓	✓	✓	✓	✓	✓	✓	
48. 6-Man Defence						✓	✓	✓	✓	✓	✓	✓	✓	